Ukiah Recovery Center
A Ford Street Project

**Community Aftercare Recovery Environment (C.A.R.E.)**

Having consistent, healthy, outside support is one of the major factors in having a successful long-term recovery. Ukiah Recovery Center's C.A.R.E. group can help serve as a point of connection between the recovery person and their support people.

In this group you will be provided information on

- Addiction and how it affects our lives on all levels
- How to give healthy support without enabling
- Resources for family / support counseling

**Before you visit anyone in treatment, we require that you attend this group.**

The group is held every Sunday from 12-1. Visiting times are Sundays from 1-4.

While in treatment clients are on a 30-day blackout period. During the blackout, clients are not allowed visits or phone calls. Children under 17 may visit during the blackout time. If a client is in treatment for only 30 days on their last Sunday in treatment, they can receive a visit.

Additional information about visiting

- Clients cannot leave property during visits
- If you bring items, they need to be checked by staff

For any questions, please call 462-6290 daily from 8am - 4pm and to speak with a supervisor.